



King County

Mental Health, Chemical Abuse and Dependency Services Division

Department of
Community and Human Services

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ALCOHOLISM AND SUBSTANCE ABUSE ADMINISTRATIVE BOARD (ASAAB) AND MENTAL HEALTH ADVISORY BOARD (MHAB) SPECIAL JOINT MEETING TUESDAY, JULY 14, 2015 King County Chinook Building Room 115 Meeting Notes

KCASAAB Members Present: Lauren Davis, Pat Godfrey, Roger Goodman, Therese Grant

KCASAAB Members Absent: Joan Clement, Mary Ann LaFazia, (excused); Elizabeth Andrews, (unexcused)

KCMHAB Members Present: Lauren Davis, Alicia Glenwell, John Holecek, Kristin Houser, Veronica Kavanagh, Toni Krupski, Katelyn Morgaine, Kathy Obermeyer, Heather Spielvogel

KCMHAB Members Absent: Nancy Dow, Allen Panitch, (unexcused)

Guests: Dan Nelson, Molly McCollow, Susan O'Patka, Ken Stark; Dave Black (MH Ombuds)

Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD)
Present: Bryan Baird, Brad Finegood, Susan McLaughlin, Jean Robertson

I. WELCOME AND INTRODUCTIONS

Kristin Houser, MHAB Chair, and Pat Godfrey, ASAAB Chair, convened the special joint board meeting at 4:40 p.m., welcoming the committee and introductions were made by each person in attendance.

II. **MEMBERSHIP CONFIGURATION FOR NEW BOARD**

With the impending sunset of the MHAB and ASAAB, Rick Ybarra, King County Boards and Commissions Liaison, spoke to members about what to expect in the coming months when these Boards merge to become the new Behavioral Health Advisory Board (BHAB).

Currently, King County has 54 boards and commissions, with over 550 volunteers. The MHAB has 17 allotted positions; ASAAB has 15 allotted positions. There are 11 sitting MHAB members; seven sitting ASAAB members. At this time, the number of allotted positions for the BHAB is not yet determined. However, if the BHAB allotted positions equal 15 members, Rick expressed all sitting members will be grandfathered in, regardless of the number of members allotted. He explained, as terms expire, reappointments will cease (those members will step down), until the roster reaches less than the number of members allowed, per the enabling legislation. Initially, all members will be eligible for two full terms, (the first term being one to three years), terms will be solely decided by the Executive. Reappointments are not guaranteed. The state requirement for Boards defines term limits at three years.

The Executive leadership team will use member applications and look for diversity on the Board (men vs. women; LGBT; aging; youth; disability; geographically diverse; etc.), that will ultimately determine the make-up of the Board.

Rick touched on the appointment process, board member job description, and bylaws. He expressed that all members are required to take Public Records Act training, Open Public Meetings Act (OPMA) training, review the King County Code of Ethics, and use their county-issued email account. Any violation of the above causes the member to be subject to dismissal.

Rick addressed the MHAB's Membership Committee as a great tool for recruitment purposes, but members are not permitted to interview candidates. Members should not be involved in screening candidates, or telling County staff who should be nominated for membership as these are Executive appointments and not member responsibility. He distributed the Board Member Job Description to all members.

He pointed out that online voting is a violation of the King County Code and cannot be part of the bylaws. This is a direct violation of the OPMA. He also stated the draft BHAB bylaws must be approved by Boards and Commissions staff, prior to being adopted.

Contact Rick at Rick.Ybarra@kingcounty.gov for questions.

III. INTEGRATION UPDATES

The request for detailed plans for the County to become the Behavioral Health Organization (BHO) for the King County region, came out on July 1, 2015. This request is about demonstrating the County's readiness and capability to meet the legislative requirements and what will be outlined in new Medicaid and non-Medicaid contracts. The detailed contents should include detailed plans in the following areas: Overall Transition; Transition and Coordination of Services; Communications and Stakeholders; Network Analysis and Development; Staffing and Workforce Analysis and Development; Finance and Administrative; Utilization Management; Quality Assurance; Program Integrity; Grievance System; Tribal communication; Evidence-Based, Research-Based and Promising Practices Analysis and Development, a Behavioral Health Data Consolidation Project Plan, etc. King County has until October 30, 2015, to respond.

The County must also meet and respond to a list of Advisory Board membership requirements that will go in to the detailed plan response and the BHO state contract. These requirements are:

- Be representative of the geographic and demographic mix of service population.
- Have at least 51% of the membership be persons with lived experience, parents or legal guardians of persons with lived experience and/or self-identified as a person in recovery from a behavioral health disorder.
- Law Enforcement representation.
- County representation, when the BHO is not a County operated BHO.
- Not more than four elected officials
- No employees, managers or other decision makers of subcontracted agencies who have the authority to make policy or fiscal decisions on behalf of the subcontractor.
- Three year term limit, multiple terms may be served, based on rules set by the Advisory Board.

IV. BYLAWS WORKGROUP UPDATE

A workgroup, consisting of ASAAB and MHAB members, met last week to start the draft work on new BHAB bylaws, using the existing bylaws of each Board as a guide. The workgroup lined up the pieces that should apply to a combined Board moving forward. The group also discussed a way to have a balance between interest in mental health, addiction, and co-occurring representation.

A temporary staff person will start Tuesday, July 28. Part of the responsibilities of this position is to assist with some behind the scenes writing, and facilitate workgroups to keep things moving.

V. BENEFIT DESIGN OPTIONS

There are three DRAFT outpatient benefit design option models for consideration. Details of these models can be found here:

<http://www.kingcounty.gov/healthservices/SubstanceAbuse/Boards/AdministrativeBoard/ArchivedMinutesandMeetingMaterials.aspx>

and here:

<http://www.kingcounty.gov/healthservices/MentalHealth/Board/ArchivedMinutesandMeetingMaterials.aspx>

Option One has four levels of care, keeping mental health and substance use disorder treatment separate and adds a benefit for co-occurring disorders.

Option Two is a modified version of option one. This option creates benefits based on separate assessments of substance abuse and mental illness and places an individual in a level of care determined by the severity ratings of each.

Option Three is a “disease- blind” option with six levels of care depending on the person’s individual needs, in a fully integrated model. This is a much bigger shift for the County system.

Staff and members echoed their excitement and strong endorsement for Option Three.

Send any thoughts and feedback to Susan McLaughlin at susan.mclaughlin@kingcounty.gov.

VI. NEXT STEPS

The Boards discussed having Kelli Carroll come present MIDD at future meeting.

VII. OTHER

MHAB approved a full membership recommendation for Sgt. Dan Nelson. He will fill the state mandated MHAB Law Enforcement position.

There being no further business, the meeting was adjourned at 6:30 p.m.

Prepared by:

Bryan Baird
Recording Secretary

Attested by:

Pat Godfrey, ASAAB Chair
Kristin Houser, MHAB Chair